



FREE COMMUNITY SEMINARS



VOICE CHANGES ARE COMMON WITH AGE

BUT THEY'RE NOT SOMETHING YOU HAVE TO LIVE WITH.

25
AUGUST
2025

**LEARN HOW TO
KEEP YOUR VOICE STRONG AND HEALTHY**

MONDAY
6:00 - 7:30 p.m.



PRESENTED BY

**Elizabeth (Bis)
Shuman, MD**

ENT/Otolaryngology,
Casa Colina Physician Clinic

Assistant Professor,
Laryngology, USC Voice
Center, Keck School of
Medicine of USC

Topics of discussion will include:

- » An overview on how your voice works
- » How aging affects the voice
- » Common voice disorders
- » Caring for your voice at any age
- » When to see a specialist
- » Question and answer session

Casa Colina Hospital & Centers for Healthcare

255 East Bonita Avenue, Pomona, CA 91767
(Loverso Education Center Building 1E)

How To Register?



Call 866/724-4132



Scan the QR code



Online at casacolina.org/communityevents



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